



المركز الأردني للمعلومات الدوائية والسموم  
JORDAN DRUG INFORMATION  
AND TOXICOLOGY CENTER

## تعميم من تحذير استخدام الأدوية الموضعية لتسنين الأطفال

### الموضوع: Safely Soothing Teething Pain

تحية طبية وبعد ...

إشارة إلى التحذير الصادر من قبل الـ FDA<sup>(1)</sup> بتاريخ (26/06/2024) بخصوص الأدوية الموضعية التي تستخدم للتسنين، فقد ورد التالي:

- Soothing children's gums with medicines containing benzocaine or lidocaine – or homeopathic tablets and other products – might seem like good options. The U.S. Food and Drug Administration warns that these products can be dangerous to children and can lead to serious injury, and even death.
- The American Academy of Pediatrics (AAP) recommends alternative ways for treating teething pain, including rubbing infants' gums with a clean finger, or providing a teething ring made of firm (not liquid-filled) rubber to chew on. Make sure the teething ring is not frozen. If the object is too hard, it can hurt the child's gums. Be sure to supervise children so they don't accidentally choke on the teething ring.
- Topical medications (used on the surface of the gums) containing benzocaine or lidocaine offer little to no benefit and are associated with serious risks when used for teething pain in children. These include creams, gels, and homeopathic teething tablets.
- Benzocaine is the active ingredient in several oral health care products. These products should not be used for teething pain in children because they can be dangerous. Using benzocaine products can lead to a serious, and sometimes fatal, condition called methemoglobinemia, in which the oxygen-carrying capacity of red blood cells is greatly reduced.
- Topical oral viscous lidocaine solution also should not be used to treat teething pain in infants and young children. It can cause grave harm, such as heart problems, severe brain injury and even death. In addition, topical oral viscous lidocaine solution can cause seizures in infants and young children when too much is applied, or it is accidentally swallowed.
- The FDA also has received reports of death and serious injuries to infants and children, including strangulation and choking, caused by teething jewelry, such as amber teething necklaces.

لمزيد من المعلومات، يرجى الاطلاع على المصدر عبر الرابط التالي:

(1) <https://www.fda.gov/consumers/consumer-updates/safely-soothing-teething-pain-infants-and-children>

Health care professionals and patients are encouraged to report adverse events or side effects to JFDA through the following channels:

- email: [joc@jfda.jo](mailto:joc@jfda.jo)
- website: <https://primaryreporting.who-umc.org/>
- Phone No: +962-6-5632000
- QR Code



وتفضلوا بقبول فائق الاحترام...

المدير العام

الإستاذ الدكتور نزار محمود مهيدات